

A decision to not resuscitate is a medical decision made by a doctor, but he will consider any views expressed by the patient, or in certain circumstances family members, when making that decision.

Please note, the above are purely examples of what some people have recorded on a PPC document. You are not expected to express your views around resuscitation unless you particularly want to do so, or believe that it was a view of particular importance to your relative.

### Page 6

#### *Where would you like to be cared for in the future?*

This section allows you the opportunity to say where you think your relative should be cared for should they become more unwell, and ultimately where you think they would want to be cared for when they are dying.

You should draw upon any wishes expressed to you by your relative in the past, relating to where they would want to be cared for if they became more unwell, and as their death approaches.

You can also document what your own personal view is and give reasons why you hold those views. For example:

1. *"Mum has always said in the past that she would not want to die in a hospital. Her sister died in hospital and she said that she would not want that for herself." Or:*
2. *"I think that mum should stay here in the care home to be looked after at the end of her life. She is well looked after here and I feel that she would receive care from staff that are familiar to her." Or:*
3. *"I think that mum would rather be transferred to hospital if she were dying. She has always felt happier in hospital and has said in the past that she feels safer with all the technology around her."*

**Remember to sign and date at the bottom of pages 3 and 6. Print your name and state who you are in relation to the person.**

This decision will need to be reviewed at regular intervals, perhaps at the person's care review meeting and again at the point at which their health deteriorates and they are thought to be approaching the last few days of their life.

A PPC document is purely a statement of wishes. The views expressed in it can be reviewed and changed by the person or by their representative at any time.

### Patient Experience Team

If you have any concerns or need advice about accessing NHS services, you can speak in confidence to the Patient Experience Team on **0800 085 7935** or you can email: [pals@sept.nhs.uk](mailto:pals@sept.nhs.uk)

This leaflet can be produced in large print, audio cassette, Braille and other languages on request.

large print



SEPT regards equality and diversity as integral to the way it works. Our staff will ensure that everyone is treated fairly and no one is discriminated against on the basis of their ethnicity, gender, disability, age, sexual orientation and religion or belief.

## Information for families



**Preferred priorities for care (PPC)**  
Guidance on completing a PPC document for your loved one

## About this leaflet

We have produced this leaflet to give you some guidance on how to complete a Preferred Priorities for Care (PPC) document for your relative as part of a best interest decision.

As caring professionals, we strive to provide timely and appropriate care to your loved one, endeavouring always to respect their uniqueness and their right to be listened to as an individual. This is of particular importance as they approach the end of their life, when they may have particular wishes and priorities that deserve to be heard and taken into consideration as we plan for their future care.

If there is good reason to suspect that your loved one may be unable to make decisions relating to their care and care venue as they approach end of life, their ability in this regard will be assessed under the Mental Capacity Act 2005. Any views expressed by your loved one during their assessment will be considered and taken into account at this time.

If, following this assessment, they are found unable to make this particular decision for themselves, a 'best interest decision' will need to be made.

This involves consulting the person's family and those closest to them, staff involved in their care and their GP or consultant, in order that the right decision is made on the person's behalf.

You may be asked to document your views relating to what you think should, or shouldn't happen in relation to your relative's care at end of life. You may also be asked to document your views relating to where your relative should be cared for at the end of their life, and ultimately where they should be cared for as they are dying. This information can be recorded on a Preferred Priorities for Care (PPC) document.

**The following pages offer guidance on completing a PPC document. We hope you find this useful.**

## Where can I get more information?

If you would like to speak to us, or have a question about our services and how we can help, please contact the end of life care team:

xxxxxxxxxxxxx

## Completing a PPC document

### Page 2

In the first box you will be asked to give details of anyone who has Lasting Power of Attorney. This is of particular importance if they have Lasting Power of Attorney over Health and Well-being. In the second box you should write the details of anyone who the person may want consulted regarding decisions made about their care. So even if you do not have Lasting Power of Attorney you, as a family member, may want to put your contact details in this box.

### Page 3

Complete the person's details and sign at the bottom of the page to verify that:

- You are happy for the document to be anonymised and used for audit purposes.
- That the entries made on pages 5 and 6 are a true reflection of your views.

**After signing, print your name and say who you are in relation to the person.**

### Page 4

This page can be completed by a member of staff.

### Page 5

#### *In relation to your health, what has been happening to you?*

It is not necessary to complete this section if you do not wish to do so.

You may wish to write a short summary of the events leading up to the person's admission to the care home. Do not write in the first person, for example:

"I came into the nursing home after a fall."

but rather in the third person, for example:

"Mum was admitted to a care home after a fall."

#### *What are your preferences and priorities for your future care?*

#### *What would you like or not like to happen?*

In this section, you have an opportunity to say what you feel your relative's wishes and priorities would have been and what you think would be important to them.

You should draw upon any wishes expressed to you by your relative in the past relating to what they would, or would not want to happen, but you can also document what your own personal views are and give reasons why you hold those views if possible. For example:

1. "Mum has always said that should her heart and lungs stop, she would not want to be resuscitated. She has said that when her time comes, she would like to be able to die peacefully." Or:
2. "Mum has always said that she would like music by Frank Sinatra played in her room at the end of her life and that she would like to see her cat one last time."